HELP AGAINST HATE

COMMUNITY CONVERSATIONS

LET’S TALK MENTAL HEALTH
Promotion of Mental Health to Prevent Mental Illness through Experience, Strength, and Hope

with Youth from the Community Safety Initiative’s Community Engagement Cohort, Rafiki Coalition, and Westside Community Services

Wed. July 25 12:00pm 25 Van Ness Ave. Room 70

Join us for a special Community Conversations event created by youth from the Community Safety Initiative’s Community Engagement Cohort!

Rafiki Coalition improves people’s lives by reversing the history of health inequalities that affect the Black community and other underserved groups in San Francisco. They provide a safe, supportive environment where people can find a path to wellness by understanding their health issues, becoming more physically active, and eating a healthy diet.

Westside Community Services is one of the first community-based mental health agencies in the country, a wellness- and recovery-oriented agency that provides services based on the needs of community that have been defined by the community.

The Community Safety Initiative offers youth an opportunity to develop skills, access to resources (including income) and create and implement solutions for community challenges.

For more information, visit sf-hrc.org/community-conversations or contact the Human Rights Commission: 25 Van Ness Ave., Room 800, San Francisco, CA 94607 • (415) 252-2500 • hrc.info@sfgov.org • sf-hrc.org