

**HELP  
AGAINST  
HATE**

# COMMUNITY CONVERSATIONS

## LET'S TALK MENTAL HEALTH

Promotion of Mental Health to Prevent Mental Illness  
through Experience, Strength, and Hope

with **Youth from the Community Safety Initiative's Community Engagement Cohort, Rafiki Coalition, and Westside Community Services**

**Weds. July 25 12:00pm 25 Van Ness Ave. Room 70**

**Join us** for a special Community Conversations event created by youth from the Community Safety Initiative's Community Engagement Cohort!



**Rafiki Coalition** improves people's lives by reversing the history of health inequalities that affect the Black community and other underserved groups in San Francisco. They provide a safe, supportive environment where people can find a path to wellness by understanding their health issues, becoming more physically active, and eating a healthy diet.



**Westside Community Services** is one of the first community-based mental health agencies in the country, a wellness- and recovery-oriented agency that provides services based on the needs of community that have been defined by the community.

**The Community Safety Initiative** offers youth an opportunity to develop skills, access to resources (including income) and create and implement solutions for community challenges.



### COMMUNITY CONVERSATIONS

are meant to inspire courageous dialogue on issues of equity and direct action, in a healing space made for community to express love and provide help against hate.

For more information, visit [sf-hrc.org/community-conversations](http://sf-hrc.org/community-conversations) or contact the Human Rights Commission:  
25 Van Ness Ave., Room 800, San Francisco, CA 94607 • (415) 252-2500 • [hrc.info@sfgov.org](mailto:hrc.info@sfgov.org) • [sf-hrc.org](http://sf-hrc.org)